



# NEWSLETTER

7<sup>th</sup> February 2025

## NURSERY

Nursery enjoyed dancing away their emotions with their dough disco and talked about how good music and dancing makes them feel. The children showed off their amazing moves and didn't want to stop!



## Reception

Children's Mental Health Week in Reception. This week we have linked the emotions from 'The colour monster' book to our story Harry and the dinosaurs go to school. We have talked about how Harry felt starting a new school and how to manage his emotions when he felt sad and anxious.

On Wednesday afternoon, the children enjoyed peaceful music, calming colouring and fun turn taking games with their friends. This week the children have showed an amazing understanding of their emotions and the importance of telling each other how we feel.





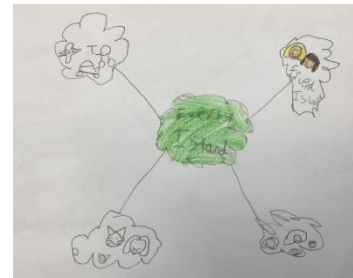
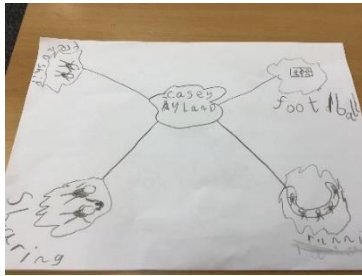
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## YEAR 1

This week year 1 have been looking at how we can understand ourselves, getting to know what we are good at, what we find difficult and what makes us unique. As a class we discussed how we all have different personalities and how our brain holds different emotions and memories.

We then created and designed our own Island of Personality from the feelings and memories we hold.

All the children designed their Islands with the memories that they hold and the passion they have.



**Anna** – “My Island is all about the things I love, like my family, pets, Unicorns and holidays.”

**Casey** – “My Island is about things I like to do. Like sharing, football, running and having friendships.”

## YEAR 2

On Wednesday this week, Year 2 engaged in a wide range of activities as part of Children’s Mental Health Awareness week. The children watched a clip from the film Inside Out and designed their very own ‘Islands of Personality’. We also read a story all about mental health and enjoyed some mindfulness colouring in.

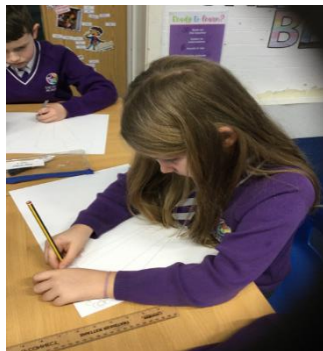


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## **YEAR 3**

On Wednesday, for Children's Mental Health Week, Year 3 took part in a range of different activities to help with their mental health. We began by watching a clip of the film 'Inside Out' and created our own Islands or Personality from our own feelings. After that, we completed some mindfulness colouring and activities such as word searches.



## **YEAR 4 – Children's Mental Health Week**

This week, Year 4 have taken part in activities for Children's Mental Health Week. This year's theme was 'Know Yourself, Grow Yourself' where the children have thought about understanding themselves to be more prepared to express their emotions. We discussed what makes us unique, our likes and dislikes and how we can grow to be resilient learners. We created our own Islands of Personality linked to Disney's Inside Out showing what makes us unique. The children came up with brilliant ideas!

*"I've created islands for football and boxing because I love sports" - Lola*





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*"I've created an animal island because my pet dogs are important to me" - **Lukas***

*"My islands include friends and family island because they are special to me, and I've made an art island because I want to be an artist." - **Orrryn***



## **YEAR 5**

For children's mental health week this week, Year 5 have spent time playing 'people bingo', finding out facts about children in the class who they may not have known. We then spent time colouring in some mindfulness pictures linked to our science topic of space. Throughout the colouring, we listening to peaceful, relaxing music to help up to keep calm and concentrate well.

*"I liked how the colouring in was space themed linked to our science!" – **Austin.***

*"I like how it links to our science and I really enjoyed colouring in. I sang the planets song when I was colouring in." – **Lucian.***





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## **YEAR 6**

To celebrate Children's Mental Health Week, Year 6 have embraced the theme 'Know Yourself, Grow Yourself' by taking part in discussions, activities and reflections to explore their unique qualities and their own personal growth.



The children enjoyed taking part in mindfulness activities and creating their own 'Island of Personality' which showed what makes the special and are created from their memories, emotions, experiences and passions.

## **Football**

This week, our Sacriston mixed team qualified for the second round of the Alan Grimes Cup following a closely fought group with Framwellgate and St Godrics on Tuesday. Following a 2-0 victory over Framwellgate and a 1-1 draw with St Godrics, Sacriston managed to pull themselves through a tricky group, putting their name in the hat for the next round.





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The menu for week beginning **10 February 2025 is Week 3**. School dinners are £14.05 per week, paid online by Monday please. Our school menu can now be found on our website. If you would like to look at the options with your child, please use the following link.

<http://www.sacristonacademy.co.uk/school-information/lunch-menu>



## Class Attendance

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
81.26	95.11	93.96	95.07	93.47	95.87	94.93	94.27

The government expectation is 97% attendance for individual pupils and school. Attendance and punctuality really matter to your child's education - every day counts! When your child's attendance drops below 95% school will begin monitoring. Referrals to the local authority may also be made if there is no improvement seen.

## Weekly Awards

Our Headteacher Playtime Awards were presented today to **Reception** and **Year 3**. the following children who have all impressed their class teacher:

**Nursery:** Alfie Underwood

**Reception:** Gracie Mae Milner

**Year 1:** Marcus Walker

**Year 2:** Jovian Tom

**Year 3:** Riley Walker

**Year 4:** Lincoln Bloomfield-Bell

**Year 5:** Austin Pinkney

**Year 6:** Charlotte Davidson





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## **Handwriting Awards:**

**Year 1:** Theo Johnson

**Year 2:** Liam Greggs

**Year 3:** Layla Potts

**Year 4:** Casey Saunders

**Year 5:** Winnie McKie

**Year 6:** Max Inglis



## **Dates for your Diary**

**Thursday 13<sup>th</sup> February**

**Tuesday 11<sup>th</sup> February**

**Friday 14<sup>th</sup> February**

**Friday 21<sup>st</sup> February**

**Monday 3<sup>rd</sup> March**

**Tuesday 4<sup>th</sup> March**

**Monday 10<sup>th</sup> March**

**Wednesday 12<sup>th</sup> March**

**Thursday 13<sup>th</sup> March**

**Friday 14<sup>th</sup> March**

**Monday 17<sup>th</sup> March**

**Tuesday 25<sup>th</sup> March**

**Wednesday 26<sup>th</sup> March**

**Friday 1<sup>st</sup> April**

**Friday 11<sup>th</sup> April**

EY Stay and Play 10:30am

Y5/Y6 Girls Country Trophy, Meadowfield, 15:30

Theme Lunch – Valentine's Day

Break up for half term

Children return to school

Uniform swap shop

Theme Lunch – Pancake Day

School Games Mark Y5/6 Dodgeball Competition

Y1 Sports Trip

Holi Festival of Colour Day

Red Nose Day

Y2 Sports Trip

Y5 Sports Trip

Y6 Sports Trip

Y2 & Y6 Oriental Museum Outreach

Break up for Easter